

## Using **'EB's T Shirt Challenge'** A lighthearted Lesson Suggestion for 5 to 7 year olds)

### THE RESOURCE

In **'EB's T Shirt Challenge'**, students drag & drop T shirts and other items of clothing to dress EB. The garments are decorated with words or symbols and express attitudes that reflect 'Respect for Self' and 'Respect for Others'. They include: 'It's OK to be different', 'It's not easy being green', 'I'm not wearing it', 'EB: gentle bold & free', 'Never, Never Give Up', 'Southern Cross', 'Land Rights T shirt', 'Socceroos'. The lesson uses this resource as an aid to conversations with young learners about respect.

**AIM:** To explore concepts of *self respect* & *respect for others*

**EQUIPMENT:** A Digital Data Projector linked to PC or Mac attached to web

### BEFORE THE LESSON

Allow students time to play with **'EB's T Shirt Challenge'** on the Junior Chill Out page. They may need to practice dragging the clothes to fit EB (drag item just below target & it will click into place when let go). The Fishing Challenge & The Colouring Challenge introduce students to the words: 'Respect Others' & 'Respect Yourself'

### THE LESSON

- Teacher sets the Digital Data Projector to open at **'EB's T Shirt Challenge'**.
- Students take turns to dress EB, projecting their choices for the class to see.
- Teacher encourages children to talk about their choices, about how certain words/designs might show self-respect or respect for others. For Example:
  - A Teacher pointing at the *'I'm not wearing it'* T shirt might ask: "How does this outfit show self respect?" which may open up into a discussion about assertion. (see)
  - A student might choose *'It's OK to be different'* T shirt and suggest, in his or her own words, that respect means accepting differences.
  - A student might say that dressing the poor emu at all shows disrespect of animals.
- Students who miss out on turn get to vote for an outfit & say why.

### FOLLOW UP ACTIVITIES (Students reflect on the lesson by colouring etc)

- Photocopy the black & white line masters on the web page, for your class.
  - A: Students add a T Shirt message or picture, colour, glitter etc.
  - Select from a brainstorm of students ideas. For younger students, write up words for students to choose from.
  - B: Students trace EB's real name & colour outfits for EB & friend

### LINKS TO CURRICULUM & RESEARCH

- *Encouraging social and personal learning: 'developing positive social relationships in the early years'* (Queensland Studies Authority) [http://www.qsa.qld.edu.au/early/publications/curriculum\\_materials.html](http://www.qsa.qld.edu.au/early/publications/curriculum_materials.html)
- *South Australian Curriculum Standards and Accountability*
- *Just boys just girls just schooling* [http://www.sacsa.sa.edu.au/index\\_fsrc.asp?t=ECCP&ID=E3.1A2](http://www.sacsa.sa.edu.au/index_fsrc.asp?t=ECCP&ID=E3.1A2)
- *Equity Cross-Curriculum Perspectives* [http://www.sacsa.sa.edu.au/index\\_fsrc.asp?t=ECCP&ID=E3.1A2](http://www.sacsa.sa.edu.au/index_fsrc.asp?t=ECCP&ID=E3.1A2)
- *Find someone to talk to* <http://www.bullyingnoway.com.au/chillout/help.shtml>

### RESPECT YOURSELF RESPECT EACH OTHER

Expressed one way or another the idea of mutual respect is at the heart of safe and supportive school communities. Learning how to treat one another with fairness and dignity and to expect to be treated so in return is a life long task. It involves learning to work together, to manage conflict, to be assertive, to value differences and to recognise discrimination. It also involves learning the language needed to talk reflectively about these things.

In the early years of schooling, children understand ideas best when they see concrete examples at work. Teachers helping students to think reflectively about 'respect' for example might explore how respect looks, feels and sounds through role play and modeling, art making, reading and writing, stories and conversations.

When a teacher guides a class to compile a practical list about RESPECT in action it might include some of the following:

#### Respect for others

- Share and take turns
- Use a friendly voice'
- No put downs, only build ups
- Listen when someone talks to you

#### Self Respect

- It's good to be different
- Don't give in to bullying
- Have-a-go
- Talk to someone if you need to
- Join in and have fun

There are of course endless possibilities many of which will be very specific to a particular learning environment.